



LionHeart  
CONSULTING, INC.

## Leadership Mastery

### A One Day Workshop to Transform Your Experience of Work

**Deliberate practice is the most powerful, active ingredient** that sets apart the very highest performers from everyone else.

**Invest just one day** to learn a powerful life changing practice that will allow you to master anything that matters to you in **5 minutes per day**. In this one day workshop you will learn 3 practices that begin to eliminate the need to compromise and cope with what is not working for you by improving your effectiveness, expanding your sense of optimism, and allowing you to become more productive.

- **Transform** your difficult moments into stronger character traits
- **Reduce** your stress and open up your innate crty and wisdom
- **Master** what is most important to you in your everyday work experience with more focused awareness

**Date:** January 21st, 2016

**Time:** 9 am to 4:30 pm – lunch provided

**Place:** Mariotte Residence Inn Portland Downtown/Lloyd Center  
1710 NE Multnomah St., Portland, OR

**Tuition:** **\$795**

For further information or to register, please contact  
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